

MEAL DEALS

1. Chicken Burger Deal \$7.50

Chicken burger (crumbed chicken fillet, lettuce and mayo, on a roll)

Cookie (made in tuckshop)

Quench drink (spring water fruit juice)

2. Combo Deal \$6.00

3 x chicken nuggets

5 x potato gems

2 x chicken strips

Popper

3. Flame Grilled Burger Deal \$7.00

Flame grilled burger (FG chicken breast, lettuce, tomato and cheese, on a roll)

Quench drink (spring water fruit juice)

4. Fried Rice Deal \$5.50

Fried rice (made in tuckshop)

Juice cup

Soy sauce **add** an extra .50c

5. Party Pie Deal \$5.00

2 x party pies

Cookie (made in tuckshop)

Popper

6. Pasta Bolognese Deal \$7.00

Pasta bolognese (made in tuckshop)

Garlic bread (made in tuckshop)

Popper

7. Pizza Deal \$6.00

Pizza - BBQ meatlovers, Hawaiian, Margarita
(made in tuckshop)

Garlic bread (made in tuckshop)

Popper

Telephone - 5581 4888

HOW TO FILL OUT YOUR LUNCH ORDER BAG

- Choose which break – Little **OR** Big
- Child's name and class
- List the menu items required
- Write amount enclosed

ORDERING

- **All** orders need to be in a paper bag.
- The tuckshop will supply bags if required at a cost of **0.10 cents each**.
- Little lunch and big lunch orders **must** be in separate bags.
- If no break is selected students will be given their order at big lunch.
- Every effort is made to fill orders as required, however in the event that we are unable to do so, the student will be contacted to approve an alternate menu item.
- If there is not enough money in the bag to cover the order, the tuckshop will make slight changes to the order (without consulting the student).

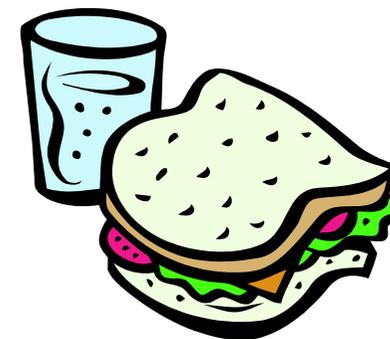
SAVE TIME with Flexischools – online ordering

Order and pay for your tuckshop orders from home or on your mobile.

Go to **flexischools.com.au** from your computer or mobile device. Login or register for an account and add your student/s to get started.



Tuckshop Menu 2016



**Open: Monday, Tuesday,
Wednesday, Thursday & Friday
8.15am – 1.20pm**

TUCKSHOP CONVENOR – Kim Kouimanis

SANDWICHES

Vegemite/Honey/Jam	\$1.50
Cheese (low fat)	\$2.00
Cheese and Tomato	\$2.50
Egg	\$2.50
Ham (lean leg)	\$3.00
Chicken	\$3.00
Tuna	\$3.00
Egg and Lettuce	\$3.20
Salad (lettuce, tomato, cucumber, grated carrot, beetroot)	\$4.50
Ham and Salad	\$5.50
Chicken and Salad	\$5.50
Tuna and Salad	\$5.50
Extra salad: lettuce, tomato, cucumber, carrot, beetroot or cheese	0.80 each
Rolls, Wraps or Rice Cakes:	add 0.80
Extra meat: egg, ham, tuna or chicken	\$1.20 each
Extras: mayo, sauce, gravy	add 0.50

TOASTIES

Fillings: cheese, tomato, ham, chicken, tuna	
1 filling	\$3.00
2 fillings	\$3.50
3 fillings	\$4.00
Extras: mayo, sauce, gravy	add 0.50

SALADS

Ploughman's Lunch: cheese, pickled onions, bread, chicken leg, cherry tomatoes, celery, carrot, apple slices or grapes, lettuce	\$8.00
(Vegetarian option: boiled egg instead of chicken leg - \$7.00).	
Salad Bowl: lettuce, tomato, carrot, cucumber, beetroot	\$6.00
ADD: ham, chicken, tuna, egg	\$1.20 each
Extras: mayo or vinaigrette dressing -	0.50

Telephone - 5581 4888

BURGERS/WRAPPS

Cheeseburger (lean beef pattie – made in tuckshop, lettuce, cheese)	\$5.00
Flame Grilled Chicken Burger (FG chicken breast, lettuce, tomato, cheese)	\$5.50
Chicken Burger (crumbed chicken breast fillet, lettuce, mayo)	\$5.00
Sweet chilli wrap (2 x sweet chilli tenderloins, lettuce, tomato, sweet chilli sauce)	\$5.50
Shredded Mexican beef rolls (slow cooked shredded beef, salad, sour cream, roll)	\$6.00
Extras: mayo, sauce, gravy	add 0.50

HOT FOOD

Party Pie	\$1.50
Sausage Roll (made in tuckshop)	\$4.00
Hot Dog (includes sauce)	\$3.50
Potato Gems (bag of 10)	\$2.20
Chicken Nuggets (bag of 5)	\$4.00
Chicken Strips (bag of 6)	\$3.80
Pasta Bolognese (made in tuckshop)	\$5.00
Pizza – BBQ Meatlovers, Hawaiian, Margarita	\$4.00
(All pizzas are made in tuckshop)	
Garlic Bread (made in tuckshop)	\$1.20
Corn Cob	\$1.50
Fried Rice (made in tuckshop)	\$5.00
Sticky Chicken Leg (made in tuckshop)	\$2.50
Tempura Battered Fish Fillet	\$2.50

OVER THE COUNTER ONLY

Frozen mini pots – flavoured milk, juice	0.20
Fruit bombs	0.50
Quelch lick sticks	0.80
Icy Twists	\$1.00
Calippo	\$1.00
Shaky Shake	\$2.00
Slushee	\$2.00
Sorbet	\$3.00

SNACKS

Sao with cheese and vegemite	\$1.50
Cheese triangle	\$1.00
Carrot sticks	\$1.00
Boiled egg	\$1.20
Celery sticks	\$1.00
Nibble pack: rice crackers, dip and sticks	\$4.50
Munch tub: carrot sticks, cheese slice, sultanas and crackers	\$3.50
Apple	\$1.30
Apple slinky	\$1.50
Rice crackers and cheese	\$2.00
Frozen pineapple ring	\$1.00
Frozen orange wedge	0.50
Frozen grape tub	\$1.50
Red rock chips (honey soy)	\$1.20
JJ chips (pizza or chicken)	\$1.20
Popcorn – air popped in tuckshop	0.50
Pikelets (2) – buttered – made in tuckshop	\$1.00
Pikelets (2) – jam / honey - made in tuckshop	\$1.20
Muffins - made in tuckshop	\$2.00
Pretzels	\$1.00
Pauls vanilla custard 150g	\$2.00
Vaalia yoghurt	\$2.20
Frozen yoghurt (strawberry or mango)	\$2.20
Fruit Salad	\$2.50

DRINKS

Frozen juice cup	\$1.00
Plain milk	\$1.30
Bottled water	\$1.50
Popper 250ml	\$1.60
Flavoured water	\$2.00
Quench spring water	\$2.00
Up & Go (chocolate)	\$2.20
Flavoured milk	\$2.30

TUCKSHOP CONVENOR – Kim Kouimanis